



Lighter, sleeker, longer lasting – introducing the new Suunto 5 Peak GPS sport watch

The new lightweight Suunto 5 Peak offers up to 100 hours of battery life, in sport music controls, extensive outdoor navigation features and all at a sweet price point.



HELSINKI, FINLAND (January 20, 2022)– Building on the success of the recently released Suunto 9 Peak, Suunto today released its sibling, the Suunto 5 Peak GPS sport watch, designed for outdoor fitness lovers looking for a light, compact, durable, and long-lasting partner to guide them towards reaching their fitness goals, but one that requires less financial investment to buy.

The Suunto 5 Peak is an evolution of the older Suunto 5 model. The new watch is 41% lighter than its forbear, is sleeker due to the absence of the older model’s GPS nose, offers up to 100 hours of battery life, handy music controls on the watch, automatic, over the air software updates and features Suunto’s new design language, and a selection of easily changeable accessory straps to suit individual style.

Proudly made in Finland, Suunto designers in Helsinki created this watch for people active in the outdoors who want to explore new terrain and are committed to achieving personal fitness goals safely and confidently. Whether for running, hiking, walking, cycling or trail running, the Suunto 5 Peak’s GPS navigation features – including turn by turn navigation – ensure users can follow a route there and back again without fear of going off path or getting lost. The watch’s sunrise and sunset alarms tell users exactly how much daylight they have to play with.

Combined with Suunto app and its heat and 3D maps, users can easily discover popular routes, plan their own, transfer them to the watch, and follow them – turn by turn – on the next adventure. An impressive array of partner services enhances these possibilities even further.

Heikki Norta, President, Suunto, believes the comfortable new watch is going to compete fiercely in its market class.

“There’s no doubt in my mind that the Suunto 5 Peak is going to perform strongly given its ultra-light weight and sleek design, rich functionality, combined with its accessible price point,” Norta said. “That’s what we set out to achieve when we sat down to design this watch and I believe consumers will agree we haven’t come up short. With this watch they are ready for their next adventure.”

Key Features:

- Weighs in at only 39 grams
- Music controls on the watch
- Three battery modes: Performance (20 hours), Endurance (40 hours) or Tour (up to 100 hours). In Time Mode, the watch lasts up to 10 days with a single charge
- 80+ sport modes to choose from or customize your own in Suunto app
- The ability to create routes, and find routes for 20 different sports via heatmaps in Suunto app
- Plan routes and view your activities on 3D maps in Suunto app
- Wrist-based heartrate
- The watch offers adaptive training guidance, tracks steps, calories, and recovery and measures sleep quality and duration
- Comes with the new Burner feature: calculates the grams of fat and carbohydrates burned while exercising

Like all Suunto watches, the Suunto 5 Peak was subjected to extreme testing and has been built to withstand all weather conditions and is water resistant up to 30 m. The durable stainless-steel bezel and plastic lens will ensure the watch serves as a long-term training partner, no matter if users seek out mud spoiled trails or wild and windy beaches.

With the Suunto 5 Peak, consumers have plenty of options to choose from in terms of style. Coming with straps in six colors – including Suunto’s first strap made with waste materials left over in strap production – and nine other compatible 22 mm accessory straps to mix things up with, users can easily personalize the style of their watch.

Compatible with the Suunto bike sensor and smart belt, the Suunto 5 Peak has everything people active in the outdoors need to explore new areas and achieve their goals. With this watch as their guide, they are ready for their next adventure.

Suunto 5 Peak at a glance:

Size: 12.9 mm x 43 mm

Weight: 39 g

Bezel: Stainless steel

Lens material: Plastic

Display resolution: 218 x 218

Strap material: 22 mm silicone straps

Navigation: GPS, Glonass, Galileo, Beidou, QZSS

Battery life: Time mode: up to 10 days. 20 hours (Performance Mode), 40 hours (Endurance Mode), or up to 100 hours (Tour Mode).

Barometer: GPS

Water resistance: 30 m

Dynamic features: SuuntoPlus™



Adventure starts here.

About Suunto: *We stand for adventure. Pioneering exploration has been in our DNA since 1936, when Finnish orienteer Tuomas Vohlonen set out to create a more accurate compass, and subsequently invented a new method for manufacturing liquid-filled compasses. Today Suunto is at the forefront of design and innovation for sports watches, dive computers and instruments used by adventurers all over the globe.*

Eighty-five years removed from our founding, we are proud that Suunto products can take a beating, but are also designed with an everyday aesthetic that reflects our Nordic identity. Suunto's headquarters and factory are still in Finland. www.suunto.com